

You Can Do It! Education Featured Resources 2011



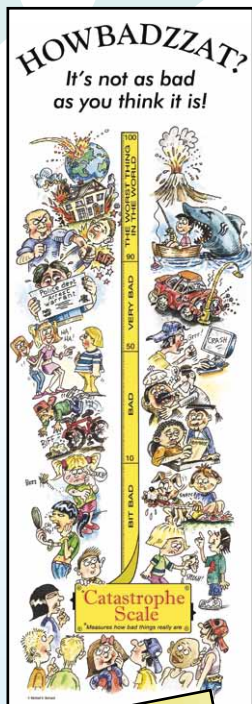
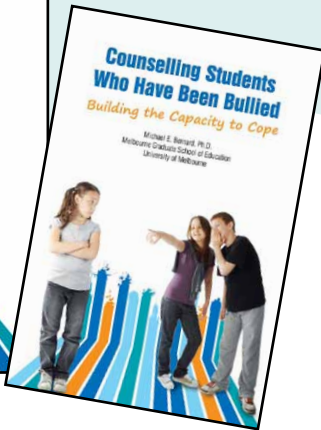
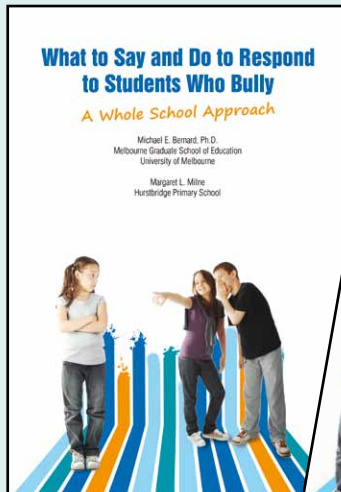
APPROACH TO BULLYING

This Guide offers Primary and Secondary schools a helpful framework as well as procedures and practices that will assist in helping to respond to students who bully.

\$69.95

DVD Primary and Secondary (including a facilitator's guide) illustrates the use of one of the world's most powerful and effective forms of counselling and cognitive-behavioural restructuring used with children and adolescents called Rational Emotive Behaviour Therapy (REBT). The guide provides you with a brief overview of REBT and its application with young people who have been bullied.

\$89.95



HOWBADZZAT

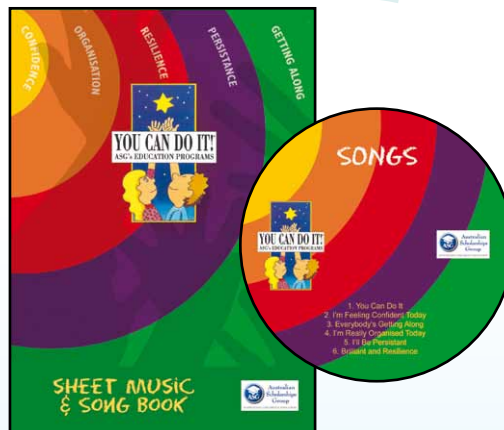
The Howbadzzat? 16 page booklet offers guidance for teaching young people how to avoid making mountains out of molehills. When used in conjunction with the poster it is a visual way to measure the badness of all events that could happen to students. They can then see that, more often than not, it's not as bad as they initially thought.

Accompanying the booklet are two 2m illustrated posters:

- A visual representation of a Catastrophe Scale that helps children and young people measure how bad things really are.
- An Emotional Thermometer that teaches students to reflect on their level of emotional upset.

Book & Poster Pack \$24.95

Book only \$6.95



SONGS

This CD has been designed to assist children to experience various YCDI themes through the joy of music whilst building a positive self-image at the same time. The CD compliments the YCDI lessons and can be used as a 'listening to' and 'singing to' music CD for primary school aged children. Get organised, practice with persistence, develop resilience, perform with confidence, and watch as everybody starts getting along to join in and sing you can do it together.

Songs

You Can Do It!	I'm Feeling Confident Today
Everybody's Getting Along	I'm Really Organised Today
I'll Be Persistent	Brilliant Resilience

Book only \$69.95 CD only \$24.95 Book & CD Set \$89.95

Enquiries 1800 803 135

www.youcandoit.com.au

PROGRAM ACHIEVE FOLDERS

A Social-Emotional Learning Curriculum

Intended Audience

Primary and secondary teachers, student counsellors and welfare coordinators.

Program Achieve, Australia's leading social and emotional learning program, is now available in its third edition. A comprehensive curriculum of lessons for ages 6 to 17+, the lessons and activities are designed to teach students a positive mindset for academic achievement, positive relationships and emotional well-being and to eliminate the negative mindset leading to poor social-emotional development and school performance.

Retaining the best lessons from previous editions plus many new lessons, the Program Achieve curriculum consists of six primary and six secondary volumes covering the following specific focus on teaching students:

- Volume 1: Ready, Set, You Can Do It! (lessons covering topics: "Success," "Well-Being," "5 Keys for Success and Well-Being," "The 9 Values of Good Character" and "The 5 Blockers to Success and Well-Being")
- Volume 2: Confidence
- Volume 3: Persistence
- Volume 4: Organisation
- Volume 5: Getting Along
- Volume 6: Resilience

PROGRAM ACHIEVE ON CD

Program Achieve is now available on CD for Primary and Secondary. Available in a pack, as a set of 6 or individually.

OPTION ONE

Purchase the full set of Six Folders and Six CDs* for just **\$995**

OPTION TWO

Full set of 6 CDs - **\$495****
Individual CDs - **\$110ea****

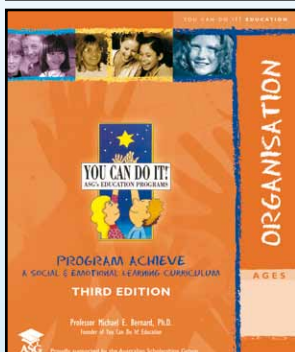
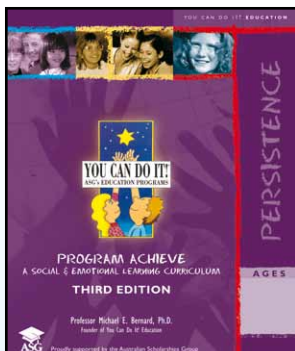
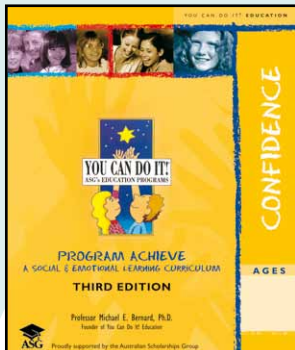
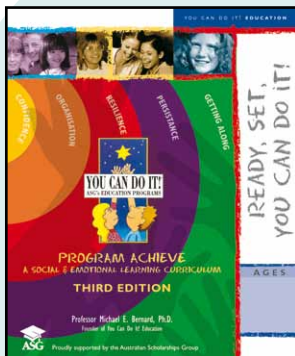
OPTION THREE

Individual CD & Folder - **\$269.50ea***

*Select Primary(Prim) or Secondary(Sec) Set.

** Your school must already own Program Achieve 3rd Edition folders - select from Primary or Secondary.

All prices include a School Site Licence.



Enquiries 1800 803 135

Featured Resources 2011

EARLY CHILDHOOD PROGRAM

A Social-Emotional Learning Curriculum (ages 4-6)

Recent research conducted by the U.S. Department of Education (Early Childhood Longitudinal Study) as well as international researchers investigating young children's social-emotional development has revealed the following:

- social-emotional competence develops as children mature,
- social-emotional capabilities of young children are intimately related to their achievement and social-emotional well-being outcomes, and
- some children as young as four years of age show delays in their social-emotional development that has implications for their future adjustment and achievement.

The YCDI Early Childhood Program provides a missing piece to the early childhood curriculum; a structured learning program based on early childhood education pedagogy (e.g., Vygotsky) that is designed to accelerate the social-emotional development of all children (confidence, persistence, organisation, getting along, emotional resilience). It is especially designed to level the playing field for those children entering the pre-school and kindergarten years not only behind in their language and early reading competence, but also in their social-emotional competence.



Carry Handle Box includes:

- Rubric for Evaluating the Social-Emotional Development of Young People
- Education Early Childhood Curriculum (Teacher Guide) Introduction to the Program, Unit 1 - Confidence, Unit 2 - Persistence, Unit 3 - Organisation, Unit 4 - Getting Along, Unit 5 - Emotional Resilience
- Good Practices for

- Establishing a YCDI Early Childhood Learning Environment
- The YCDI! Early Childhood Guide for Working with Parents
- Soft, washable hand puppets featuring the five characters: Connie Confidence, Gabby Get Along, Pete Persistence, Oscar Organisation, Ricky Resilience including the five finger puppets
- A CD of six You Can Do It! songs featuring all of the characters in the program
- 18 durable coloured posters (28cm x 44cm) displaying different stages of acquiring the different skills outlined in the program.

Full set \$395

FOUNDATIONS FOR SUCCESS AND HAPPINESS

Author and Illustrator Wendy Barrett has created a series of Children's books based on helping children to achieve and experience emotional well-being.

Aimed at young children, there are five titles in Barrett's series:

- A Girl Called Sally
- The Turning Point
- Before the School Bell
- The Goal Keeper
- Lucy's Dream

They are all written in rhyming verse with each story focusing on one of the five foundations for achievement and well-being: Persistence, Getting Along, Organisation, Resilience and Confidence - as taught in You Can Do It! Education.

\$14.95ea



www.youcandoit.com.au

